



Agile Foundation Course

Understanding & Practical Agile Skills

Duration: 1 Day



live virtual
training



in-company for
teams



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Learn More About Agile

You can read more about Agile and whether it's right for your career on [pages 11 - 14](#)

About This Agile Course

This is a practical Agile Project Management workshop, which focuses on equipping you with accessible, adaptable Agile skills.

The aim of the workshop is that each participant will leave feeling confident in their ability to apply the techniques to projects in their working environment.

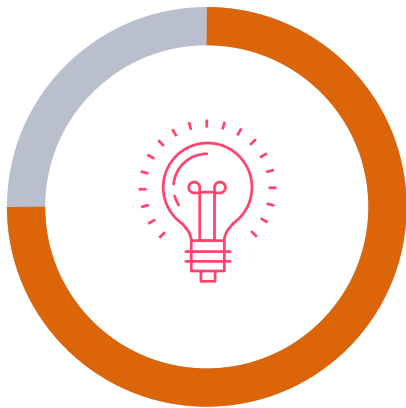
Your First Step into Agile

This course is designed as an introduction to Agile.

It's a great way to find out whether Agile is a good fit for your career and your projects.

We offer a number of options for progression to certified training for those who would like to learn more about Agile and Scrum.

Why Choose This Course? (4 Benefits)



A Practical, Relevant Agile Toolkit

This course is designed to give you skills to contribute effectively to agile projects.



Solid, Versatile Skills

Agile is fast becoming one of the most popular project management approaches available.

The skills you gain during this course will add to your competence and versatility as a project manager.



Increased Productivity and Profitability

Agile methods applied correctly will always yield higher productivity, which in turn leads to better profitability.



Options for Certification

We provide several options for international certification, depending on your goals.

You can read more about certification options on [page 10](#).

Trusted For Agile Training By...

We deliver Agile training to students and in-company groups from companies in all sectors.

The skills you'll learn on our Agile courses can be applied in any industry or area of business. As you can see from those listed below, our Agile and Scrum students come from many different backgrounds.





Delivery Style

This course is available as live virtual training online.

Live virtual training is a popular choice for anyone who wants to gain the benefits of a real-time, trainer-led classroom experience online.

You can connect from anywhere and participate in a very practical workshop.

Delivery Style

- ✓ Practical workshop approach.
- ✓ Facilitated group discussions.
- ✓ Individual and group exercises.
- ✓ Practical application of learning to challenges within your organisation.
- ✓ We provide course materials.
- ✓ Training is delivered by an experienced agile project management trainer.
- ✓ Create action plans for continuing effective agile project management.

Delivery Style: Live Virtual Training

Virtual training enables you to connect to live, trainer-led sessions from wherever you are.

It's easy to connect and you'll gain the benefits of a classroom style of training while enjoying the convenience of learning at home.

Our virtual training dates are available for anyone to attend.

How Virtual Training Works

Once you confirm your place on one of our upcoming virtual training dates, we'll send you the information and link you need to join the training.

To connect with our live training, you'll need a steady internet connection and a device with a web-camera, speakers, & microphone. Most home internet connections work perfectly for virtual training. These days, almost all smartphones, computers, and tablets have built-in web cameras, speakers, and microphones.

Our training consultants will advise you on how to get connected. It's an easy, user-friendly process.



Why Virtual?

- ✓ **Learn from Home** - This is an ideal solution for anyone who works from home. You can connect with real-time training sessions from wherever you're currently based.
- ✓ **Delivered by Experts** - By choosing our live virtual training, you'll learn from subject matter experts. You'll also benefit from the ability to ask questions and gain advice from our trainers.
- ✓ **Group Training** - This style of training enables you to interact virtually with your fellow trainees. Via our online platform, you'll be able to take part in group discussions and exercises without leaving home.
- ✓ **Focused Learning Environment** - One of the key advantages of an in-person classroom style training is the focused learning environment. Live, trainer-led virtual training also provides this high-impact format.

[Ask a Question](#)

[Ask About Dates](#)

In-Company Training for Teams

We run this Agile Foundation Course for in-company (sometimes called “in-house” or “on-site”) training.

This means that we deliver training exclusively to your team on a date you choose.

How In-Company Training Works

When you get in touch with us about in-company training - either by phone or by requesting a quotation using the button on this page - our expert training consultants will work with you to find the best training solution for your needs.

We will create a programme that addresses the issues and goals at the top of your list, and choose a training delivery method and dates that suits you best.



Why In-House?

There are many benefits to choosing an in-company style of delivery.

- ✔ **Tailored for Your Team** - We can take your business and any challenges you are facing into account when delivering the course. We will make the training delivery relevant to your team.
- ✔ **You Choose the Delivery Style** - We can deliver this training as an in-person, classroom style course (where we come to your location), or by live, virtual classroom training.
- ✔ **Flexibility** - In-company training gives you the ability to schedule training at a time that works best for your schedule. It removes the inconvenience of having to take someone out of their role for training at a busy time.

[Get a Quote](#)

Course Content

① Module 1: Introduction to Agile

- Agile Overview
- Agile Principles
- Agile Aspects
- Agile Processes
- Agile Summary

② Module 2: Agile Organisation

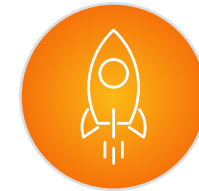
- Organisation Core and Non-Core Roles
- Communication with Agile Teams
- Change
- Risk

③ Module 3: How Agile Teams are Formed

- Role of the Agile Master
- Role of the Agile Project Owner
- Role of Agile Team Members

④ Module 4: Introduction to Agile Project Processes

- Introduction to Agile Project Processes
 - » Initiate Phase
 - » Plan & Estimate Phase
 - » Implement Phase
 - » Review and Retrospect Phase
 - » Release Phase



Ready to Go?

Ask About Dates

Ask A Quick Question

Certification Options

We offer several progression options for those who would like to follow this Agile Foundation Course with a more in-depth training and certification option.

You can find out more about our 3 most popular courses below by using the “Learn More” button. Alternatively, call our team at Freephone 1800 910 810 to ask about the right option for your training.



Agile Master Certified (SAMC™)

Perfect for those who want to delve a little deeper into Agile and achieve international certification.

[Learn More](#)



Scrum Master Certified (SMC™)

Learn about Scrum and how to perform the role of Scrum Master. Achieve international certification.

[Learn More](#)



Scrum Product Owner Certified (SPOC™)

Learn about Scrum and how to perform the role of Scrum Product Owner. Achieve international certification.

[Learn More](#)



What is Agile?

Versatile... Flexible... Effective...

Agile is a flexible approach to project management that focuses on delivering value consistently throughout a project.

It is a powerful ally in the challenging task of managing a project effectively and delivering results on-time and within budget.

How Does Agile Work?

Unlike traditional approaches to project management, Agile breaks a project into smaller chunks so that project teams can deliver value at the end of each chunk and react to change when necessary.

There are so many benefits and capabilities of the agile project management approach. You can read some key agile benefits on the following page.

Why Use Agile?

1. Responsive: Adapt to Change with Ease

Agile is best suited to projects that have hard-to-define parameters or a high likelihood of changing requirements.

One of the 4 core values of Agile is “Responding to Change over Following a Plan”.

This lowers a project’s risk and increases your team’s ability to deliver the best product or service to meet the customer’s needs.

2. Clearer Ownership Through Shared Responsibilities

Agile does not rest all responsibility for the project on a single project manager’s shoulders.

The team members share responsibility, enabling greater clarity in ownership, and facilitating a higher level of focus for everyone.

3. Collaborative

Regular communication is a key part of any agile project. The team holds short meetings daily to update on progress. During this “daily standup”, members of the team identify current or potential obstacles and offer solutions for these obstacles.

Regular communication - both within the team and with all other stakeholders - enables re-prioritisation when necessary, and the ability to easily troubleshoot any problems.

4. Greater Visibility, Better Control, Lower Risk

The increased level of communication in an agile project combined with the smaller delivery cycles gives everyone involved the ability to respond to change, avoid risk, and create realistic budgets and timeframes.

5. Customer & Value Focused

Early and frequent delivery of value is a key characteristic of agile project management.

The very first of the 12 Principles of Agile states “Our highest priority is to satisfy the customer through early and continuous delivery of valuable [product].”

6. Sustainability

The agile framework is designed to be sustainable, meaning that once you’re up and running, you can maintain the agile level of productivity indefinitely.

Agile or “Conventional” Project Management?

There are so many excellent project management methodologies available for today’s project manager.

In the past decade, we’ve seen a natural gravitation for each method into one of two categories: predictive or adaptive.

Predictive

Predictive project management refers to when the scope of work and requirements for the project are clear and justify the detailed upfront planning.

You’ll also see predictive project management called “traditional”, “conventional”, or “Waterfall” project management.

Adaptive

Adaptive is when the scope of work and requirements for the project are difficult to define, creating a rapidly changing environment.

Requirements are clarified in short iterations (cycles) and require an Agile approach.

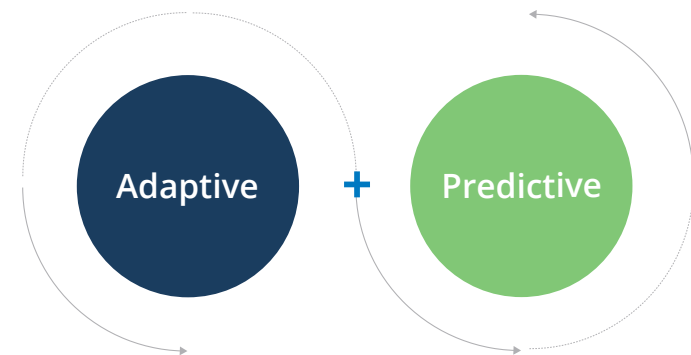
Adaptive project management can also be referred to as “responsive” or “iterative”. It is most often simply called Agile project management, “Agile thinking”, or “an Agile approach”.

Which approach is better?

There is no “better” approach, only what fits the project you’re working on.

If you think about it, every project is unique. Even within organisations that carry out similar projects regularly, you’ll find differences in scale, scope, and requirements.

For this reason, considering the project first and then selecting the right methodology is the best approach.



Choosing a Hybrid Approach

Predictive and adaptive approaches can work extraordinarily well together.

You may - as project teams everywhere are doing more and more - choose a hybrid of methodologies to get the best result for your project.

Is Agile Right for You?

- “I work on projects where the requirements can - and do - change frequently.”
- “I need a flexible project management approach.”
- “I want to deliver value to my stakeholders / customers as quickly as possible.”
- “I’m seeking greater visibility at every stage of a project.”
- “We need better communication within our project management team, and with our stakeholders.”
- “I need to be able to react quickly to any changes or obstacles that arise.”
- “‘Bottlenecks’ are a productivity block in my working environment.”
- “I want greater control over a project’s time and cost management.”
- “More clearly-defined roles would greatly increase the productivity of my project team.”



Sounds Like You?

If you identify with some or all of these statements, Agile is a great choice for your project management training and certification. Reserve your place on the next page...

3 Ways to Get Started



Talk to Us

You can reach us by phone on Freephone 1800 910 810, or 01 861 0700 (mon - thurs, 9.00am - 5.30pm, fri, 9.00am - 5.00pm).

We will be happy to answer any questions you have and advise on the best option for your agile training.

Freephone 1800 910 810



Reserve Your Place

Our agile courses run online as live virtual training, delivered by experienced agile tutors.

You ask about upcoming dates and provisionally reserve a place on an upcoming Agile Foundation Course.

Ask About Dates



Get a Tailored Quotation

Click the button below to request a tailored quotation for your company's agile training

We will be in touch with a detailed quotation fitting your team's requirements.

Get a Quote

About Us

Professional Development - 34 Years of Innovation and Excellence

We believe that the key to a thriving and rewarding career is continuous professional development.

For over 34 years, Professional Development has led the way in providing practical, innovative courses leading to relevant and respected certifications.

We specialise in delivering training for core business skills including project management, agile, scrum, lean six sigma, management, communications, sales, it service management, and training design and delivery skills.

Our courses are designed to expand your skills, & enhance your career potential

Stay Connected



Our Courses

Our courses are a balanced blend of both theoretical learning and practical application. This focused learning environment optimises the impact of training.



Our Team

Our trainers are chosen for their engaging manner and expertise in a chosen field. They bring a wealth of experience to each programme they deliver.



Our Clients

We provide training for Ireland's leading brands, working with companies of all sizes in every industry. We also provide training for non-corporate organisations.



Our Certifications

In many sectors, international certification is now essential. We provide many options for globally recognised certification in each subject area.

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